

Maximum Medical Improvement (MMI)

This means that the patient's clinical status will not improve with additional regularly scheduled treatment.

Published studies suggest that Maximum Medical Improvement is achieved when there is no improvement in clinical status for a period of 2 months as assessed with standard measurement outcomes (visual analog scale, Oswestry, Neck Disability Index, SF-36, etc.)

Successful treatment of low back pain and neck pain after a motor vehicle accident despite litigation

Spine

May 1, 1994;19(9):1007-10

Schofferman J, Wasserman S.

HOWEVER

If treatment is withdrawn and the patient's clinical status becomes worse, the patient has not achieved Maximum Medical Improvement.

Such a scenario indicates that additional scheduled treatment is reasonable and necessary.