

Detox Protocol

Avoid

Direct Current Foot Bath

Elevate Glutathione

- **Undenatured Whey Protein:
10-20 gm / day**
- **NAC
100-600 mg / day**
- **Pomegranate Juice
8 oz / day**
- **Folic acid, B6, B12**
- **Low Level Laser Therapy**

Infrared Sauna

1 -2 times / week

Topical, Injection, Inhale